

HYG-5349

Food Preservation: Freezing Fruits

Table 1. Syrups for Use in Freezing

Type of Syrup	Percent Syrup*	Cups of Sugar	Cups of Water	Yield of Syrup in Cups
Very Light	10	$\frac{1}{2}$	4	$4\frac{1}{2}$
Light	20	1	4	$4\frac{1}{2}$
Medium	30	$1\frac{3}{4}$	4	5
Heavy	40	$2\frac{3}{4}$	4	$5\frac{1}{3}$
Very heavy	50	4	4	6
*Approximate percentage.				

