

HYG-5343

Basics for Canning Fruit

Table 1. Syrups for Canning Fruit.

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Water	Sugar	Type Syrup
6 ¹ / ₂ cups	³ / ₄ cup	Very light (10% sugar)
5 ³ / ₄ cups	1 ¹ / ₂ cups	Light (20% sugar)
5 ¹ / ₄ cups	2 ¹ / ₄ cups	Medium (30% sugar)
5 cups	3 ¹ / ₄ cups	Heavy (40% sugar)