



Fayette County

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2007 Impact Statements

Family and Consumer Sciences

- **Fitness and Nutrition Society (F.A.N.S.)**, has been working this year to promote nutrition and fitness in Fayette County. A brochure, newsletter and information on fitness activities and opportunities in Fayette County were sent home with all elementary students in the county through the schools. McDonalds' restaurants in the county printed our brochure and are distributing it in their restaurants. After receiving the brochure at McDonalds one parent called and asked if she could be a part of F.A.N.S.
- Influencing 502 adults, children and youth to **eat healthy** were done through programs with Healthy Walkers, in the schools, and with Dining With Diabetes. 91% of the Health Walkers completing an evaluation form claimed they planned to make at least one improvement in their daily eating. On a post-class evaluation form thirty Dining with Diabetes participants completing three class sessions listed at least one change they have made since starting the class and all agreed they were more aware of food safety practices.
- Fifteen food service workers completed a 16-hour training in **ServSafe** (Food Safety program). Seventy-eight volunteers from 4-H Youth Development passed an on-line quiz after attending a training session for Food Safety.
- Through a grant with the **Healthy Marriage** Collaboration of Central Ohio a training on "Making Marriages Strong" was held. Information was also sent out on workshops held in Columbus.

Family Nutrition Program

- The Fayette County FNP program had over 700 direct contacts, with almost 140 programs being taught in the areas of Nutrition, Food Safety, and Thrifty Food Shopping. The program works with welfare and welfare-eligible adult groups in the county.
- One success story is a group meeting outside of class as a result of wanting to work more on their healthy eating concerns. Thriving on group support they compare labels (as a class assignment) and modify their food choices with information learned in class. They emphasize they are making life style changes in eating, not doing a "diet." My nutrition classes have been the spirit of their weight consciousness. They are checking the calorie count and nutrient density which they use to modify to healthier food choices. Extra money they recently received for their program was used to buy exercise videos.

Community Development

- A new **Comprehensive Land Use Plan** was completed and given to the County Commissioners. Nine subcommittees with over 120 people involved submitted reports including a vision and goals for the different areas of the plan.
- Over 440 people viewed sun damage to their face with the Dermascan machine. At least two people said they had a spot removed after being told to check with their dermatologist last year. Presentations on **sun safety** were given to 209 students at Miami Trace Junior High. A month later they completed a questionnaire and a 100% increase was seen in wearing a hat from before the presentation and over 72% were now wearing sunglasses and plan to wear sunscreen.
- Goals for 2008 were set for the Commission on Aging Board of Trustees during **Strategic Planning** sessions.

Agriculture and Natural Resources

- Through cooperation of Ohio State University Extension and the Fayette County Commissioners, the Fayette County demonstration farm has continued to provide a valuable resource to producers in Ohio and the surrounding states. 445 agri-businessmen and agricultural producers attended training programs on new technologies, pesticide application, production agriculture practices, commodity marketing, applied research, and pest management.
- Seven **Applied Research Projects** were conducted at the Fayette County Demonstration Farm in 2007. The projects focused on foliar fertilizer applications for soybeans, Economic evaluation of late planted corn and soybeans, Nitrogen rates for late planted early season corn, Evaluation of starter fertilizer products for corn, comparison of seeding rate and planter type (30 inch row verses twin row), and an evaluation of two levels of phosphorus and potassium fertilization in corn and soybeans under different tillage and crop rotation management.
- Thirty-six producers attended Fayette County Extension's "**Professional Marketer**" Program. This program was modeled after Texas A&M's Master Marketer program. The program featured well known marketing specialists from OSU and private industry in a 48 hour, 6 day program. Program topics included: Developing a marketing plan, the basics of futures/options/basis, future's market technical analysis, weather prediction and market effects, determining your financial situation, and livestock marketing. Program participants accounted for 33,000 acres of crop production and 14.3 million gross annual receipts.

- The **SW Ohio Corn Grower's Day** featured sessions on short season corn for Ohio, fungicide use in corn, twin row corn production, herbicide sensitivity in corn hybrids, and a comparison of vertical tillage implements. This year we offered a commercial pesticide applicators recertification which was attended by 15 local applicators. In addition to the educational program, there was a trade show, equipment displays, health screenings, and master gardener presentation.
- 263 Fayette County youth participated in Skillathon activities in conjunction with the Fayette County Junior Fair. Youth were tested on knowledge gained during completion of 4-H and FFA livestock projects in the areas of beef, dairy, goat, horse, poultry, rabbits, and sheep.

Horticulture

- The Fayette County Horticulture Program is flourishing. There are 29 active Master Gardener volunteering over 950 hours of community service. The **Farmer's Market** moved to downtown Washington Courthouse with a great response. 24 vendors offered the residents of Fayette County locally grown, fresh, and great tasting produce on Saturdays through the summer.
- **Education and research** are important to our program. The **phenology garden** located at the Washington Cemetery is a great learning environment and interested people are donating more plants. The **Spring Fling** was conducted in April with over 110 people in attendance learning about varieties of herbs and ways to cut, dry, and dye flowers. In May, Master Gardeners taught 201 children at Head Start about pumpkins with each planting one to take home. Our first annual **Fall Garden Fest** was held in September on Fall decorations, foods, garden maintenance, and planting. At Wayne Elementary School's Agriculture Day two sessions were taught by Master Gardeners—grass and "wormology"—to over 350 students. This year over 200 horticulture questions from the community were answered through the "**horticulture hotline**" calls and Extension Office visits.
- The Master Gardeners love **beautifying our community** with projects such as Sponsor A Flower Pot, the Washington Courthouse landscape, and Fayette County Museum. Flowers let us add splendor as well as maintenance of the landscape of the Agricultural Center and Washington Cemetery. Master Gardeners are seen as a community resource being asked to design landscaping for non-profit organizations.

4-H Youth Development

- In Fayette County, 818 youth (age 5-19) participated in 4-H club project work and exhibited 4-H project work at the **Junior Fair**. Coordinating 4-H club work and activities for youth were 155 4-H adult volunteers. Thirty youth volunteers, Junior Fair Board, were responsible for planning the Junior Fair activities for over 1200 Fayette County Junior fair members. Junior Fair Board members learned

and practiced leadership skills, team building, program planning, decision making, conflict management, junior fair policies, money management, ethics, and communication techniques, including public speaking skills through monthly meetings. Teens shared that these skills helped them gain the confidence when seeking employment or in their academic pursuits.

- The Ohio 4-H Foundation grant funded a winter weekend Retreat for the 2007 **Junior Fair Board**. This brought 32 teens together for a three day-weekend retreat at Canter's Cave 4-H Camp in January to learn leadership skills, such as communication skills, public speaking, decision making, and organizational skills. The OSU Collegiate 4-H members conducted team building and leadership activities. Teens stated, "The weekend was very helpful as they were able to work on their departments activities with an adult," and, "It was fun to get to know other members on the board." 100% of the members went into the fair feeling confident they had the skills to conduct a county junior fair with their teammates.
- A fun and educational outdoor living experience was conducted for 159 Fayette County campers through two three-day overnight **4-H camps** held at Camp Clifton. Over a five-month period, 41 teens were responsible for planning and coordinating a junior and senior camp. First aid, conflict management, decision making, communication skills, leadership skills, and team building were taught to camp counselors through an on-site overnight training and monthly meetings. Campers responded in a survey that they had learned independent living skills and teamwork.
- Thirty-four teens were involved in the 4-H **Junior Leadership Club** that met monthly. Teens conducted on-going community service projects, including a monthly canned food donation for the county food pantry and "Adopt-A-Highway." These Junior Leaders promoted 4-H at the county fair with a display and hand-outs.
- The 4-H Junior Leaders successfully planned and organized a Make A Difference Day **service project**, recognized as a semi-finalist project (40 out of 900 Ohio projects) by the Ohio Make a Difference Day. A teen assisted in writing a Ohio 4-H Foundation Richard Stahl grant and reported on the project. The project, a 4-H Halloween Night Run, was to raise money for Hospice and 4-H. 91 participants competed in two runs, one-mile and a 5K, that raised \$3,000 for Hospice and \$100 for 4-H. There were 41 volunteers, mostly teens, who helped by making 750 luminaries, lining the three mile course, and conducting games for children. Teens learned life skills, such as decision making, budgeting, and financial record keeping, ordering supplies, organization, communication through public speaking and writing news releases. A power point show was made by the teen leader which was presented at the Richard Stahl Make A Difference Day luncheon and at the Ohio State Fair 4-H judging on 4-H Service Day. This brought top honors for a group of five teens.

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